

NEBOSH National General Certificate in Occupational Health and Safety

About the Course

The NEBOSH National General Certificate in Occupational Health and Safety is a widely recognised health and safety qualification, offering an excellent grounding in the essentials of health and safety. It's often the first professional health and safety course taken by developing H&S or Compliance Managers or those moving into the health and safety industry.

This qualification meets the academic requirements for Technician membership (Tech IOSH) of the Institute of Occupational Safety and Health (IOSH) and Associate membership (AIIRSM) of the International Institute of Risk and Safety Management (IIRSM).



Certification

A certificate is awarded upon successful completion of an online Open Book Exam and a practical assessment completed in the delegate's own time.

Why choose Ligtas?

- NEBOSH Gold Learning Partner
- 30 years' experience
- 90-100% average pass rates
- 5* Google Business reviews
- Expert course tutors with real-world experience
- Fully managed service for organisations booking for teams
- Support for individual learners

"The trainer was absolutely brilliant, a very, very good tutor. Overall a really worthwhile course. Thank you."

— Production Leader, Manufacturing Industry

Online Courses (eLearning)

Learn at your own pace over 12 months with an eLearning course via our Learning Management System.

	Gold	Silver	Bronze
Full NEBOSH eLearning course	✓	✓	✓
File download (including course notes and additional guidance)	✓	✓	✓
Online forum to access tutor support	✓	✓	✓
1 x recorded tutorial, Introduction to the Learning Management System (LMS)	✓	✓	
Over 12 hours of video tutorials	✓		
Weekly live virtual tutorials delivered by your course tutor	✓		
	£715 +VAT	£605 +VAT	£495 +VAT

2026 exam fees for eLearning courses are charged additionally at £319 per person including VAT upon exam registration.

2026 Classroom Courses at Cardiff

Join one of our open courses at our premium training facilities in Cardiff for £1,695+VAT inc exam fee:

Week 1: September 7th - 11th 2026

Week 2: September 28th - October 2nd 2026

Exam: October 7th 2026

Week 1: November 9th - 13th 2026

Week 2: November 30th - December 4th 2026

Exam: December 9th 2026

In-Company Courses

Ligtas can deliver courses exclusively for your team:

- **Classroom** - Delivered in-person at your preferred venue
- **Live virtual** - Delivered by a tutor via Microsoft TEAMS

Use the Ligtas Learning Management System to assign courses to learners, track their progress and more.

“Ligtas made the entire process seamless. The eLearning platform was easy to use, and their support was exceptional. Our team completed the training with minimal disruption to operations, and the progress-tracking features were invaluable. We'll definitely be returning to Ligtas for future training needs.”

— Regional Health & Safety Manager, 2025

Book online, or contact us
for a demo or quotation

Book online



Contact us



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