



Training Made Easy

Ligtas First Aid Awareness



**LEARNING
PARTNER**

GOLD

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Ligtas First Aid Awareness

Course overview

This awareness course will enable learners to:

- Appreciate the importance of first aid at work
- Recognise the legal obligations and minimum provisions with respect to first aid
- Know what to consider in an assessment of first aid needs
- Understand the different roles in first aid at work
- Identify basic steps when responding to an accident, incident or injury
- Take appropriate actions in response to accidents and emergencies at work

Learning outcomes

After successful completion of the course delegates will understand:

- The role of a first aider
- The legal requirements
- Incident reporting
- First-aid equipment

Book online

With Ligtas, you can choose how and when to train your staff



Ligtas First Aid Awareness

How long will it take?

This course is one-day.

Who is the course for?

The First Aid Awareness course is for employees with an interest in first aid, including appointed persons and those with health and safety responsibilities.

Be aware that this training is for awareness purposes only and is not a First Aid at Work (FAW) training course.

Certification

Delegates are awarded the Ligtas certification in First Aid Awareness.

Booking terms and conditions

For course booking terms and conditions please visit the Ligtas website [here](#).

To discuss this course or any other course, please contact us [here](#).

Course options

Online eLearning

Online learning offers flexibility for personal development, overcoming barriers like busy work environments. It allows learning anytime, anywhere, accommodating individual schedules and balancing work and family life. With self-paced courses and flexible start times, it's adaptable to various commitments, providing ample time for completion.

[Book Online](#)



Ligtas

ENABLING SAFE ENVIRONMENTS

Ready to train your staff the Ligtas Way?

Take the next simple steps to unlock the power of learning and development by contacting Ligtas TODAY

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